



## Mini Avalanche

*Learn to Skate Intro to Hockey*

The Mini Avs will focus on teaching young children how to skate as well as introduce them to the basics of hockey. There will be two sessions per week, the Friday session will consist of a 30 minute lesson followed by 20 minutes of free skate, while the Sunday session will consist of a 30 minute lesson followed by 30 minutes of game time. Also included in the program will be a Mini Avs Jersey to keep, plus a public skating card!

Division 1 State Championship coach Casey Kesselring will be the primary on ice instructor! The players will be required to wear full hockey gear as this program is geared towards kids that would like to play hockey. Once they have progressed through the Mini Avs they will advance to the Learn to Play Intro Mite Program Little Avs!

*“Skating is the essential skill for any player that wants to play and enjoy hockey, this program will focus on the player’s agility, striding, turning and stopping. Every player will see improvement in these areas after going through the Mini Avs.”* Casey Kesselring former Hockey East All Star and program director.

**Session 1:** September 11<sup>th</sup> – November 29<sup>th</sup>

**Session 2:** December 4<sup>th</sup> – March 7<sup>th</sup>

**Day & Time:** Friday’s 4:10 – 5:00 pm  
Sunday’s 7:10 – 8:10am

**NEW LOW PRICE!!!**

**Cost:** \$195, that’s under \$10 per session!

**Location:** Ice Den Arena, Hooksett NH

Questions please call Casey: 603 606 5678 or 603 785 9180

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